

1. Etiquette

- Definition and Importance of Etiquette
- Respecting Personal Space and Body Language

2. Personal Etiquette

- Good Manners in Daily Life
- Respecting Personal Space
- The Power of Smile and Eye Contact
- Respecting Elders and Peers
- Sharing and Kindness in School

3. Social Etiquette

- Proper Greetings and Handshakes
- Dining Etiquette (Table Manners)
- Public Behavior (Speaking Softly, Queueing, etc.)

4. Travel and Hospitality Etiquette

- Behavior in Public Transport
- Hotel and Restaurant Manners
- International Etiquette Considerations

5. Phone and Communication Etiquette

- Politeness in Phone Conversations
- Active Listening and Respectful Speech

6. Animal Etiquette

- Avoid teasing or harming animals for entertainment.
- Feed and provide water to stray animals whenever possible.
- Promote adoption over buying pets from breeders.

7. Common Greetings

- Formal vs. Informal Greetings
- Verbal vs. Non-verbal Greetings
- Greetings Based on Time of Day (Good Morning, Good Afternoon, Good Evening)
- Cultural Variations in Greetings

8. Introducing Yourself

- How to Introduce Yourself
- Proper Way to Respond When Someone Introduces Themselves

9. Introducing Others

- How to Introduce Two People to Each Other
- Using Titles and Proper Forms of Address (Mr., Ms., Dr., etc.)

10. Special Occasion Greetings

- Wishing Someone on Birthdays, Anniversaries, and Festivals
- Congratulating Someone on Achievements

11. Greetings in Digital Communication

- Professional Email Greetings (Dear [Name], Hello [Name], etc.)
- Social Media and Chat Greetings (Hey, Hi, What's Up)

12. Understanding Empathy

- What is Empathy?
- Empathy vs. Sympathy

13. Developing Empathy in Daily Life

- Active Listening Skills.
- Body Language and Eye Contact
- Perspective-Taking

14. Empathy in Different Situations

- Empathy in Friendships and Family
- Empathy in School/Workplace
- Empathy for Strangers
- Empathy for Animals

15. Personal Cleanliness

- Importance of Personal Hygiene
- Daily Hygiene Routine (Bathing, Brushing Teeth, Washing Hands, etc.)
- Hair Care, Nail Care
- Wearing Clean Clothes and Maintaining Body Odor Control

16. Cleanliness at Home or School

- Keeping Living Spaces Clean (Bedroom, Bathroom, Kitchen)

- Importance of Decluttering and Organizing
- Keeping School Desks and Classrooms Tidy

17. Hygiene in Public Places

- Proper Behavior in Public Restrooms
- Avoiding Littering in Public Areas
- Respecting Cleanliness in Schools, Classrooms, Parks, and Restaurants

18. Food Hygiene

- Food should always be covered and stored correctly
- Shelf Life of Foods
- Expiry Date and Best Before Date of foods
- Avoiding Contaminated or Expired Food
- Health Effects of Junk Food

19. Healthy Habits

- Drinking Clean Water and Staying Hydrated
- Sources of Safe Drinking Water (Tap Water & Municipal Supply, Boiling Water, Natural Water Sources, Clay Pot Filtration)
- Affordable Alternatives to RO Water (Boiling Water, Cloth Filtration, Using Alum (Fitkari))
- Getting Enough Sleep for Overall Well-being
- Exercise and Its Role in Maintaining good physical and mental health

20. Disease Prevention Through Cleanliness

- How Hygiene Helps in Preventing Illnesses
- Vaccination and Disease Control
- Awareness About Common Infections (Cold, Flu, COVID-19)

21. Understanding the Importance of Donation

- Why donating is important for society.
- How donations help people in need.
- The difference between charity and donation.

22. Types of Donations

- Food Donations
- Clothing and Essentials
- Donation of Toys and Games

- Books and Stationery Donation

23. Who are the primary beneficiaries of such donations?

- Orphans and underprivileged children.
- People affected by natural disasters.
- Patients needing blood, organs, or medical aid.

24. Introduction to Law

- Definition and Purpose of law

25. Laws That Keep Us Safe

- Traffic and Road Safety Laws
- School Rules and Discipline
- Respect for Public Places and Property
- Environmental laws

26. What is Bullying?

27. Types of Bullying

28. Legal Topics

- Introduction to RTE Act
- Understanding Equality in Education
- Awareness About Safe Touch and Unsafe Touch
- Anti-Bullying Measures
- Creating a Positive Learning Environment
- Government Initiatives for Child Safety in Schools

29. Difference between Rights and Rules

- What are rights?
- What are the rules?
- Examples of Rights for Children
- Examples of Rules for Children

30. Importance of Road Safety:

- Why is road safety important?
- Common causes of road accidents
- How to prevent accidents and injuries

- Role of responsible behavior on the road
- Importance of Wearing Helmets & Seatbelts

31. Traffic Signals:

- Introduction to Traffic Signals
- Types of Traffic Signals (Red Light, Yellow Light, Green Light)
- Other traffic signs and their meanings (Stop signs, U-turn signs, speed limits, etc.)

32. Pedestrian Safety

- Who is a Pedestrian
- Safe Places to Walk (Sidewalks, Zebra Crossing, etc)
- Using Road Shoulders or Open Spaces for walk
- Walking in Groups for Visibility
- Avoid walking on curved roads or blind spots where drivers may not see you
- Traffic Signals for Pedestrians
- Safety Rules for Pedestrians

33. Rules for Cyclists, Passengers & Drivers:

34. Emergency Situations:

- Common Emergency Situations on Roads
- Emergency Contact Numbers
- How to Act in an Emergency?

35. Environment

- Definition of Environment
- Natural vs. Man-Made Environment
- Components of the Environment
- How Humans Depend on the Environment
- Ways to Help the Environment

36. Why Should We Protect the Environment?

- Importance of Clean Air and Water
- Effects of Deforestation on Animals and Humans
- How Pollution Affects Health
- Role of Trees in Keeping the Environment Clean

37. Meaning of 3Rs

38. Examples of Reducing Waste

- Reduce Food Waste
- Minimize Plastic Use
- Cut Down on Paper Waste
- Reduce Energy Waste etc.

39. Creative Ways to Reuse Items

- Reusing Household Items
- Reusing Kitchen Waste
- Reusing Plastic and Metal
- Upcycling Furniture and Clothes
- Reuse of old toys

40. What Can Be Recycled?

41. Why Water is Important for Life

- Water and the Human Body (How Much We Need Daily)
- Water in Plants and Animals (Why They Need It)
- Water for Cleanliness and Hygiene

42. Sources of Water

- Natural Sources of Water
- Underground Water
- Man-Made Water Sources

43. How Water Gets Wasted

- Wasting Water at Home
- Industrial Water Waste
- Water Pollution
- Effects of Water Wastage

44. Ways to Save Water at Home and School

- Simple Water-Saving Habits (Turning Off Taps, Fixing Leaks)
- Using Water Wisely in the Kitchen and Bathroom
- Collecting Rainwater for Daily Use
- Spreading Awareness About Water Conservation

45. What is Pollution?

- Types of Pollution
- Air Pollution (Dirty Air from Cars and Factories)
- Water Pollution (Throwing Trash in Rivers and Lakes)
- Land Pollution (Garbage on Roads and Open Areas)
- Noise Pollution (Loud Music, Traffic Horns)

46. Effects of Pollution on Humans and Animals

- How Dirty Air Makes Breathing Difficult
- Why Polluted Water is Bad for Health
- How Garbage Harms Animals
- Why Too Much Noise is Bad for People
- How to Reduce Pollution

47. Role of Laws and Rules in Controlling Pollution

- How Governments Help Keep Air and Water Clean
- Why Plastic Bags are Banned in Many Places
- What We Can Do to Follow Pollution Control Rules